



## Warm-up schedule

150 swimmers per session

### 8-8:20am

WSY  
LVO  
EPAC  
CYAA  
Ship  
CA  
MSC  
SMSC

### 8:25-8:45am

BCY  
GMAC  
EAC  
PACS  
FSC/LEBY  
GETY  
LPAC  
NLAC  
JVY  
MUHL  
WSC